

STONE RIDGE MONTESSORI **DECEMBER 2018** **LK PORTIONS**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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| <p>DECEMBER 3 BEEF MEATBALLS & GRAVY, 3 EA WHOLE GRAIN RICE, 1/4 C SWEET TENDER PEAS, 1/4 C ALL NATURAL APPLESAUCE, 3/8 C</p> | <p>DECEMBER 4 PIZZA PASTA BAKE BEEF CRUMBLES, CHICKEN & BEEF PEPPERONI, TOMATO SAUCE, PASTA, 1/2 C SHREDDED MOZZARELLA CHEESE, 1/2 OZ CARROT COINS, 1/4 C FRESH BANANA, 1/2 EA</p> | <p>DECEMBER 5 WHOLE GRAIN CHICKEN BITES W/ NO HFC KETCHUP, 3 EA 100% WHOLE GRAIN BREAD, 1/2 SL STEAMED GREEN BEANS, 1/4 C MANDARIN ORANGES, 3/8 C</p> | <p>DECEMBER 6 CHEESEBURGER MEATLOAF, 1 EA WHEAT DINNER ROLL, 1 EA SWEET YELLOW CORN, 1/4 C ALL NATURAL APPLESAUCE, 3/8 C</p> | <p>DECEMBER 7 GRILLED CHICKEN BREAST FILET, NAE, 1 EA WHEAT HAMBURGER ROLL, 1 EA NO HFC KETCHUP SWEET TENDER PEAS, 1/4 C MANDARIN ORANGES, 3/8 C</p> |
| <p>DECEMBER 10 CHICKEN SLIDER ON A BUN, 1 EA FANCY SHRED CHEDDAR CHEESE, 1/2 OZ W/ NO HFC KETCHUP STEAMED GREEN BEANS, 1/4 C MIXED FRUIT IN JUICE (NO PINEAPPLE), 3/8 C</p> | <p>DECEMBER 11 CHICKEN TENDERS, GLUTEN FREE, 3 EA W/ NO HFC KETCHUP WHOLE GRAIN RICE, 1/4 C CARROT COINS, 1/4 C ALL NATURAL APPLESAUCE, 3/8 C</p> | <p>DECEMBER 12 SALISBURY STEAK W/ GRAVY, 1 EA SAVORY MASHED POTATOES, 1/4 C WHEAT DINNER ROLL, 1 EA DICED PEACHES IN JUICE, 3/8 C</p> | <p>DECEMBER 13 WHL GRAIN SPAGHETTI W/ BEEF & TURKEY MEAT MARINARA, 1/2 C PARMESAN CHEESE, 1/2 OZ SWEET TENDER PEAS, 1/4 C FRESH BANANA, 1/2 EA</p> | <p>DECEMBER 14 CHICKEN BREAST CHUNK BONELESS WING DING, 3 EA W/ NO HFC KETCHUP WHEAT DINNER ROLL, 1 EA 5-WAY HOT MIXED VEGETABLE, 1/4 C MANDARIN ORANGES, 3/8 C</p> |
| <p>DECEMBER 17 OVEN BAKED CHICKEN BREAST PATTY SANDWICH, 1 EA WHEAT HAMBURGER ROLL W/ NO HFC KETCHUP, 1 EA SWEET TENDER PEAS, 1/4 C APPLE SAUCE, 3/8 C</p> | <p>DECEMBER 18 CREAMY MACARONI & CHEESE , 1/2 C 100% WHOLE GRAIN BREAD, 1/2 SL 3-WAY HOT MIXED VEGGIE , 1/4 C FRESH BANANA, 1/2 EA</p> | <p>DECEMBER 19 MEXICAN BEEF NACHO FIESTA, 1/4 C W/ SHRED CHEDDAR CHEESE, 1/2 OZ WHEAT DINNER ROLL, 1 EA CARROT COINS, 1/4 C DICED PEARS IN JUICE, 3/8 C</p> | <p>DECEMBER 20 ITALIAN BEEF MEATBALL SUB, 3 EA SUB ROLL, 1/2 EA SHREDDED MOZZARELLA CHEESE, 1/2 OZ GREEN BEANS, 1/4 C ALL NATURAL APPLESAUCE, 3/8 C</p> | <p>DECEMBER 21 EARLY DISMISSAL</p> |
| <p>DECEMBER 24 HAPPY HOLIDAY'S !!</p> | <p>DECEMBER 25 HAPPY HOLIDAY'S !!</p> | <p>DECEMBER 26 HAPPY HOLIDAY'S !!</p> | <p>DECEMBER 27 HAPPY HOLIDAY'S !!</p> | <p>DECEMBER 28 HAPPY HOLIDAY'S !!</p> |
| <p>DECEMBER 31 HAPPY HOLIDAY'S !!</p> | | | | |

Portions meet CACFP requirements for 3 to 5 year olds. All alternates discussed on an individual basis as needed.
Specializing in Day Care and School Lunch Programs and Business and Office Luncheons
6 oz milk required with each meal

